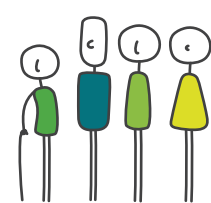




Oakey  
10 x 10-12 y.o.  
Toowoomba  
11 x 18-59 y.o.  
& 10 x 60+



## DISCOVER

STARTED PRE-COVID PARTICIPANTS WOULD BE ACCOMPANIED (SILENTLY) BY A SCIENTIST TO ASSIST WITH TECHNOLOGY & ANSWER QUESTIONS

KIDS DID CAPTURE IN PAIRS - LOTS OF PHOTOS AS THEY GOT A BIT COMPETITIVE

## DISCUSS

DISCUSS TO IDENTIFY ISSUES BETTER

COME UP WITH POTENTIAL SOLUTIONS

Oakey  
SAFETY, CROSSINGS, WALKWAYS, WATER & PLACES TO GO  
MIX OF GOOD & BAD INSTANCES



Toowoomba  
CROSSINGS, SIGNAGE, CYCLING, AESTHETICS/NATURE AND SAFETY  
MIX OF GOOD & BAD INSTANCES

## PROJECT OVERVIEW

TRYING TO DISCOVER THE THINGS THAT HELP OR HINDER "ACTIVE" TRANSPORT

THIS HELPED CONTEXTUALISE THE COMMENTS



GROUP PHOTOS AND THE ISSUES



## SOME ACTIONS & ADVOCACY

MORE CROSSINGS - BETTER SIGNPOSTED

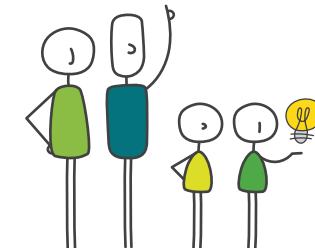
PAVEMENTS NEED LOTS OF WORK DONE - WANT MORE/BETTER SIGNED PUBLIC TOILETS

MORE 8 HOUR PARKING CLOSER TO THE CBD

WOULD LIKE MORE NATIVE PLANTS & FIX AREAS THAT ARE VERY RUN DOWN



2 ADULTS AND 2 CHILDREN VOLUNTEERED TO GIVE PRESENTATION TO RAETAC - REGIONAL ACTIVE ENTERPRISE TRANSPORT ADVISORY COMMITTEE



# TOOWOOMBA HEALTHY TOWNS

## Co-creating physical activity supportive environments



Prof Tracy Kolbe-Alexander

Co-authors Dr Paul Gardiner, Dr Ann Banchoff & Prof Abby King

STARTED MEETING WITH COUNCILLORS FIVE YEARS AGO - VERY CLEAR ON THEIR NEEDS AND FOCUS BUILT A LOT OF TRUST



IPSWICH WOULD NOW LIKE A PROJECT TOO

IDENTIFIED THEMES FOR THE DISCUSSIONS SO GROUPS HAD SOMETHING TO START WITH

SAFETY  
SIGNAGE  
CROSSINGS  
ETC.

ENGAGEMENT OF THE CITIZEN SCIENTISTS



## SUCCESSES

COUNCIL VERY KEEN TO HEAR AND INVOLVE COMMUNITY VOICES



TOOK SOME COUNCIL PEOPLE ON THE CITIZEN SCIENTISTS WALKS - THEY SAW THE ISSUES FIRST HAND



PUZZLE PIECE IN A LARGER PIECE OF WORK ENGAGING CITIZENS IN DEFINING THEIR OWN NEEDS



COUNCIL BUY-IN - THIS IS A MAJOR AREA OF INTEREST

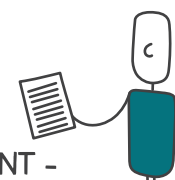
## CHALLENGES

TECHNOLOGY - HAVING US ALONG HELPED

KEEPING THE CHILDREN FOCUSED WAS DIFFICULT - ON THE WALKS AND IN THE DISCUSSION



RECRUITMENT - ESPECIALLY CHILDREN AS THEY NEEDED AN ADULT TO COME ALONG



DIFFICULT TO STAY QUIET ON THE WALKS AND NOT LEADING THEM IN ANY WAY



OUR PROJECT TOOK TWO AND A HALF YEARS - NOT SOLE FOCUS



ALIGNING THE PRIORITY ACTIONS WITH COSTS AND FEASIBILITY

## WE USED 'OUR VOICE'

ANONYMISED, SECURE & CONFIDENTIAL



MANY COUNTRIES & PROJECTS CAPTURED - WE CAN LEARN FROM EACH OTHER



EMPOWERS RESIDENTS TO ADVOCATE FOR HEALTHIER NEIGHBOURHOODS AND COMMUNITIES



METHODOLOGY & APP BY STANFORD UNIVERSITY



APP AVAILABLE IN 13 LANGUAGES



ANYONE CAN BE TRAINED TO USE THIS METHODOLOGY



1. COLLECTION TOOL FOR DATA COLLECTION - PHOTO, EXPLANATION, GPS ETC.



2. SHARE IN A WORKSHOP - TO BUILD CONSENSUS ON THEMES AND PRIORITIES



3. SHARE AND ADVOCATE TO DECISION MAKERS

## CITIZEN SCIENCE IN PREVENTION

### COMMUNITY OF PRACTICE

### 30 November 2022



CITIZEN SCIENCE

drawn by kylie dunn  
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