

Smoking Cessation Care Pathway

ASSESS



ADVISE



ARRANGE

**ALL WOMEN AT
• BOOKING IN
• 28 WEEKS**

Guide the woman to blow through the CO Monitor.

Then ask:

- How would you describe your smoking status?
 - Currently smoke
 - Recently quit
 - Previously smoked
 - Never smoked
- Any smokers in the household?
- Is your home smoke free?

Interpret CO monitor reading based on responses to above questions and discuss with the woman.

For SMOKERS

Discuss:

- The benefits of quitting.
- Treatment options available to assist the woman to reduce CO reading/become smoke free.

For RECENT QUITTERS

Discuss:

- The benefits of staying smoke free.
- Any withdrawal symptoms.
- Treatment options available to assist the woman to reduce CO reading/stay smoke free.

For women accepting assistance for the first time

Offer and arrange:

- Behavioural support.
 - Complete Smoking Management Plan.
- Referral to:
 - Quitline.
 - Culturally appropriate support pathway for Aboriginal and Torres Strait Islander women (where available).
- NRT, refer to NRT MIM
 - Assess suitability for NRT.
 - Outline the risk/benefits.
 - Agree on preferred type.
 - Refer to dosage chart.

THEN



**ALL WOMEN WHO SMOKE OR WHO HAVE QUIT
WITHIN 6 MONTHS; ALL FOLLOW-UP VISITS**

Revisit smoking and re-offer CO assessment
Re-offer/provide behavioural support and referrals
Re-offer/monitor NRT