

Murradambirra Dhangaang (make food secure): a food security planning tool for Aboriginal communities in urban and regional areas



Retail food environment

Food availability

How good is the availability and range of fresh healthy food locally? Are there grocers or regular fresh food markets? Or is there a high number of fast food outlets? Easy accessibility due to convenient location and longer opening hours can make fast-food a tempting meal choice. Think about if your local supermarket has a take-away food section also.

Affordability

How affordable is healthy food in the local area? Has this changed over time? How does the price of healthy food compare to the price of unhealthy food (in the local shops)?

Fast food deals

How much is the community exposed to cheap unhealthy food advertising? This could be online, or at sporting events or TV and billboards.

Community preferences

Does your community prefer one food shop over another? Why? Are there stores (grocers, butchers, supermarkets or take-aways) that have good community relationships? What makes them preferable to other shops? For example, butchers that sell meat packs with cheaper cuts.