

Murradambirra Dhangaang (make food secure): a food security planning tool for Aboriginal communities in urban and regional areas

Healthy food education and support

Healthy food activities

Are there healthy food policies and guidelines in place for community groups and events? How well are they implemented?

Healthy food education

Are there healthy food education programs available? What settings? Think about local schools, community or church groups, children's playgroups or youth hubs.

Food relief

How well do food relief services support healthy eating? Think about donated food drop-offs via OzHarvest/Foodbank, school breakfasts and lunches, free meal services, subsidized food pantries etc. Do these food relief agencies understand Aboriginal community needs, such as larger family sizes? Does healthy food get distributed fairly, if its available?

Health services support

Do the local primary health services support healthy eating and good nutrition through their policies and activities? This could be either your local ACCHS or government primary health service.