

# Alcohol Care Pathway

**ASSESS**

**ADVISE**

**ARRANGE**

**ALL WOMEN AT  
• BOOKING IN  
• 27-29 WEEKS  
• 35-37 WEEKS**

**THEN**

Perform AUDIT-C.

Identify risk based on AUDIT-C score:

- No risk (score = 0)
- Low risk (score = 1 or 2)
- Medium risk (score = 3 or 4)
- High risk (score = 5+)

Provide **all** women, regardless of their risk of harm:

- The advice that no alcohol is the safest option during pregnancy.
- Discuss the risks of alcohol during pregnancy.
- Feedback on their current alcohol consumption.
- Advice as appropriate to their risk category.

**Medium Risk**

- Offer referral to the Get Healthy in Pregnancy Service (alcohol program).
- Arrange culturally appropriate support pathway for Aboriginal and Torres Strait Islander women (where available).

**High risk**

- Offer referral to Drug and Alcohol Clinical Services.

**ALL WOMEN WHO ARE AT MEDIUM - HIGH RISK; ALL FOLLOW-UP VISITS**

Revisit alcohol consumption  
Re-offer referral if previously declined  
Discuss progress if referral previously accepted