

## Activity Scan – Brief summary of findings

### Current or planned major programs of research or evaluation in Australia (including economic evaluations) relating to healthy diet, physical activity, tobacco control or harmful alcohol use:

Title	Lead stakeholders/ investigators	Brief description	Comments and links
<b>ACT Regional Health Observatory</b>	University of Canberra, ACT Health, ACT Medicare Local, Ochre Health, ACT Heart Foundation	A collaboration to increase co-research capacity with academics, policy makers, practitioners and non-government organisations. Aims to better integrate information, intelligence and research to support evidence-based policy, research, practice and education.	<a href="http://www.canberra.edu.au/centres/ceraph/act-regional-health-observatory">http://www.canberra.edu.au/centres/ceraph/act-regional-health-observatory</a>
<b>AURIN (Australian Urban Research Infrastructure Network)</b>	Bob Stimson, University of Melbourne	A national data and analytical infrastructure that supports social science and policy research to inform decision making for Australia's urban settlements and their future development.  Current projects include the North-West Melbourne Project, BPNet, small area social indicators for the Indigenous population, spatial statistics and econometrics e-tools.	<a href="http://aurin.org.au/">http://aurin.org.au/</a>
<b>Australian Health Survey 2011-2012</b>	Australian Bureau of Statistics	Data on nutrition, physical activity, alcohol, tobacco and Aboriginal and Torres Strait Islander health.	<a href="http://www.abs.gov.au/australianhealthsurvey">http://www.abs.gov.au/australianhealthsurvey</a>
<b>Cancer Council Victoria</b>	Centre for Behavioural Research in Cancer (CBRC); Tobacco control research team (TCRT)	CBRC – behavioural research and evaluation in obesity prevention and tobacco control.  TCRT – strategic policy research regarding tobacco control. Focus over the past four years has been on plain packaging.	CBRC – <a href="http://www.cancervic.org.au/research/behavioural">http://www.cancervic.org.au/research/behavioural</a>  TCRT – <a href="http://www.cancervic.org.au/research/tobacco-control">http://www.cancervic.org.au/research/tobacco-control</a>

<b>Centre for Chronic Disease Prevention and Management</b>	Max de Courten, Victoria University	Focuses on the physiological, psychosocial, cultural and economic aspects of chronic diseases. The Centre works with and educates the wider community about lifestyle-associated disease to improve quality of life and reduce the burden of chronic diseases.	<a href="http://www.vu.edu.au/centre-for-chronic-disease-prevention-management">http://www.vu.edu.au/centre-for-chronic-disease-prevention-management</a>
<b>Centre for Obesity Management and Prevention Research Excellence in Primary Health Care</b>	Mark Harris and Catherine Spooner, University of NSW	The Centre has three main streams of research: families with young children; obese adults with low health literacy; and implementation research in general practice.	<a href="http://www.compare-phc.unsw.edu.au/">http://www.compare-phc.unsw.edu.au/</a>
<b>Centre for Research Excellence in Healthy Liveable and Equitable Communities</b>	McCaughey VicHealth Centre for Community Wellbeing, University of Melbourne	Seeks to address the gaps in evidence regarding the mechanisms through which social and built environments influence health and wellbeing outcomes. Research undertaken in collaboration with Australian policy makers and practitioners covering planning, urban design, transport and health.	<a href="http://mccaugheycentre.unimelb.edu.au/research/nhmrc_centre_for_research_excellence_for_healthy_liveable_and_equitable_communities">http://mccaugheycentre.unimelb.edu.au/research/nhmrc_centre_for_research_excellence_for_healthy_liveable_and_equitable_communities</a>
<b>Centre for Research Excellence in Policy Research on Obesity and Food Systems</b>	Deakin University	A collaboration between Deakin University, University of Queensland, the George Institute, Baker IDI and Yale University. It addresses key questions across four integrated areas to reduce the obesity burden and create healthy, equitable, sustainable food systems.	<a href="http://www.deakin.edu.au/research/stories/2012/08/06/beating-obesity">http://www.deakin.edu.au/research/stories/2012/08/06/beating-obesity</a>
<b>Community Indicators Victoria</b>	Melanie Davern, McCaughey VicHealth Centre for Community Wellbeing, University of Melbourne	Aims to establish a sustainable Victorian approach to the development and use of local community wellbeing indicators, to improve citizen engagement, community planning and policy making.	<a href="http://www.communityindicators.net.au/">http://www.communityindicators.net.au/</a>
<b>Cost-effectiveness of a systems change intervention for smoking cessation in drug and alcohol treatment centres</b>	Billie Bonevski, University of Newcastle	National Health and Medical Research Council (NHMRC) Project Grant (2013-2016).	<a href="http://www.newcastle.edu.au/profile/billie-bonevski#profile-grants-funding">http://www.newcastle.edu.au/profile/billie-bonevski#profile-grants-funding</a>
<b>Evaluation of Be Active</b>	Therese Riley, The Centre of Excellence in Intervention and	Evaluation of the Be Active intervention. Focusing on how effectively the intervention integrates with local prevention systems and reinforces system-wide efforts to promote health and well-being.	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>

Prevention Science			
<b>Evaluation of the ACT Government Healthy Weight Initiative (whole of government obesity prevention initiative)</b>	ACT Health, ACT Government	An Evaluation Framework for the ACT Healthy Weight Initiative has been developed.	
<b>Evaluation of the Healthy Built Environment Program (HBEP) at the University of New South Wales</b>	Heather-Marie Schmidt, NSW Ministry of Health	A systematic evaluation of the HBEP has been undertaken to determine successes and key achievements to inform the Ministry of Health's investment in the program.	
<b>Evaluation of the NSW Knockout Health Challenge 2013</b>	Louise Maher, NSW Ministry of Health	Aims to improve health outcomes for Aboriginal people by targeting overweight and obesity.	Final evaluation report currently in preparation.
<b>Evaluation of the NSW Tobacco Strategy 2012-2017</b>	Beth Stickney, NSW Ministry of Health	Initial report in 2012 provided baseline data against which the strategy will be evaluated. Progress against the overall objectives and targets will be presented in a mid-term report in 2015 and in a final report in 2018.	
<b>Evaluation of the Quit for New Life program</b>	Louise Maher, NSW Ministry of Health	Program supports mothers of Aboriginal babies and their households to quit smoking during pregnancy and into the postnatal period.	Awaiting ethics approval at the time of interview.
<b>Evaluation of the Research-Policy-Practice Exchange</b>	The Centre of Excellence in Intervention and Prevention Science (CEIPS)	In May 2013, CEIPS, and the Department of Health, organised a research-policy-practice exchange for local government. The aim of the exchange was to recognise and support local government contributions to public health and wellbeing. CEIPS is evaluating of the Exchange.	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>
<b>Examining the food system in Australia to identify what is needed to create a healthy and equitable eating system</b>	Sharon Friel, Australian National University	An Australian Prevention Partnership Centre project. This project will take a wider systems approach to assess factors outside the food system that affect what people eat.	<a href="http://www.preventioncentre.org.au/our-work/research-projects/healthy-public-policy-to-support-healthy-and-equitable-eating">www.preventioncentre.org.au/our-work/research-projects/healthy-public-policy-to-support-healthy-and-equitable-eating</a>
<b>General framework for economic evaluation of prevention</b>	Stephen Jan, George Institute	An Australian Prevention Partnership Centre project. It aims to develop an approach to the economic analysis of prevention programs that is potentially broader than conventional forms of economic evaluation but simple enough to be used routinely.	<a href="http://www.preventioncentre.org.au.net.au/our-work/research-projects/economics/">www.preventioncentre.org.au.net.au/our-work/research-projects/economics/</a>

<b>Global Burden of Disease update including Australian and Australian Indigenous estimates</b>	Institute for Health Metrics and Evaluation	A critical resource to provide policymakers, researchers, donors and other decision-makers with timely and up-to-date data on population health to inform critical decisions.	Global burden of disease project: <a href="http://www.healthdata.org/">http://www.healthdata.org/</a>  Australian data are available at: <a href="http://www.healthdata.org/sites/default/files/files/country_profiles/GBD/ihme_gbd_country_report_australia.pdf">http://www.healthdata.org/sites/default/files/files/country_profiles/GBD/ihme_gbd_country_report_australia.pdf</a>
<b>HABITAT (How Areas in Brisbane Influence health And acTivity)</b>	Gavin Turrell, Queensland University of Technology	A study of life and recreation among people aged 40 years or over in Brisbane. Looks at lifestyle, health and well-being, and the facilities and services available in local areas. Launched in 2007 and funded until 2017.	<a href="http://www.habitat.qut.edu.au/">http://www.habitat.qut.edu.au/</a>
<b>HCF Research Foundation Grant: mobile phone weight management program tailored for young adults</b>	Margaret Allman-Farinelli, University of Sydney	Addresses four lifestyle behaviours: high-fat food, fruit and vegetable intake, drinking (alcohol and sugared drinks) and physical activity.	<a href="http://www.hcf.com.au/about-us/hcf-foundation/hcf-foundation-grants/">http://www.hcf.com.au/about-us/hcf-foundation/hcf-foundation-grants/</a>  <a href="http://onlinelibrary.wiley.com/doi/10.1111/jhn.12155/abstract?systemMessage=Wiley+Online+Library+will+be+disrupted+on+the+18th+October+from+10%3A00+BST+%2805%3A00+EDT%29+for+essential+maintenance+for+approximately+two+hours+as+we+make+upgrades+to+improve+our+services+to+you">http://onlinelibrary.wiley.com/doi/10.1111/jhn.12155/abstract?systemMessage=Wiley+Online+Library+will+be+disrupted+on+the+18th+October+from+10%3A00+BST+%2805%3A00+EDT%29+for+essential+maintenance+for+approximately+two+hours+as+we+make+upgrades+to+improve+our+services+to+you</a>
<b>Health literacy research</b>	Kirsten McCaffery, University of Sydney	Research to address how to reduce the harmful impact of low health literacy on the risk of chronic disease.	<a href="http://sydney.edu.au/perkins/research/current-research/health-literacy.shtml">http://sydney.edu.au/perkins/research/current-research/health-literacy.shtml</a>
<b>Healthy Food Basket Price Survey</b>	Claire Palermo, Monash University	The survey tracks changes in the prices of 44 healthy foods and compares the total costs with the incomes of four standard family types.	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>
<b>Healthy Together Victoria Evaluation Framework</b>	The Centre of Excellence in Intervention and Prevention Science	An evaluation framework to assess the impact of the Healthy Together Victoria initiative on population health measures and the extent to which this can be attributed to changes in the prevention system. This is a trial of action research: a prospective evaluation of a supported	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>

		effort to activate local systems to promote health.	
<b>High impact learning systems</b>	Sarah Glover (Mitchell Institute), Lyndal Bond and Alan Shiell (The Centre of Excellence in Intervention and Prevention Science)	Aims to identify strengthen and spread the factors that enable local schools, working with others, to improve student learning and achievement effectively and sustainably, especially in disadvantaged community settings.	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>
<b>Improving the prevention and management of chronic disease in people with mental health disorders</b>	Andrew Wilson, Emily Morrice, University of Sydney	Case for Action for the NHMRC. To inform NHMRC's plan on chronic disease prevention and management. Final report to be submitted to the NHMRC Research Translation Faculty on 24 October 2014.	
<b>INFORMAS project</b>	Boyd Swinburn, Deakin University	Linked to the WHO Indicator project – focused on monitoring food and nutrition related data to encourage action.	<a href="http://www.worldobesity.org/what-we-do/policy-prevention/projects/informas/">http://www.worldobesity.org/what-we-do/policy-prevention/projects/informas/</a>
<b>Life! Program Review</b>	Alan Shiell, The Centre of Excellence in Intervention and Prevention Science (CEIPS)	Aims to examine program eligibility, risk-assessment and program content. CEIPS will also advise on new structures to integrate research policy and practice, which will include consideration of the broader research opportunities opened up by the extended Life! Program and its relationship to the state's primary care model.	<a href="http://ceips.org.au/current-projects/">http://ceips.org.au/current-projects/</a>
<b>Literacy Gap in Health among Target Population (LiHT) project</b>	Mark Harris, University of NSW	A project being conducted by the Inner West Sydney Medicare Local to improve preventive care for patients with low health literacy in primary health care.	<a href="http://www.iwsml.org.au/programs/preventive-health/the-light-project">http://www.iwsml.org.au/programs/preventive-health/the-light-project</a>
<b>NHMRC Project Grant: An evaluation to examine a policy initiative to stimulate inter-sectoral action to address social determinants of health</b>	Fran Baum, Flinders University	Considers how health in all policies has supported policy in South Australia.	<a href="http://www.flinders.edu.au/medicine/sites/sachru/research-evaluation/hiap/">http://www.flinders.edu.au/medicine/sites/sachru/research-evaluation/hiap/</a>
<b>NHMRC Project Grant: Implementation of guidelines for preventive care in</b>	Mark Harris, University of NSW	Preventive Evidence in Practice (PEP). Cluster randomised controlled trial of facilitation of practice improvement in	<a href="http://cphce.unsw.edu.au/research/prevention-management-chronic-">http://cphce.unsw.edu.au/research/prevention-management-chronic-</a>

<b>General Practice</b>		preventive care across the five major steps to smoking cessation.	<a href="http://www.health.gov.au/health-topics/diseases/implementing-guidelines-prevent-chronic-disease">diseases/implementing-guidelines-prevent-chronic-disease</a>
<b>NSW economic evaluation of the Get Healthy Service</b>	Rob Carter, Deakin University		
<b>Physical Activity Nutrition Obesity Research Group (PANORG)</b>	NSW Health, University of Sydney	Research group with specialised expertise in obesity prevention, nutrition and physical activity. Funded by NSW Health to undertake policy-relevant research to guide their efforts to improve the health of the people of NSW.	<a href="http://sydney.edu.au/medicine/public-health/panorg/">http://sydney.edu.au/medicine/public-health/panorg/</a>
<b>Prevention and health promotion in Medicare Locals</b>	Various	A series of funded initiatives. Grants awarded by the former Australian National Preventive Health Agency.	<a href="http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/medicare-local-grants">http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/medicare-local-grants</a>
<b>Randomised controlled trial of financial counselling and nicotine replacement therapy for low-income smokers</b>	Billie Bonevski, University of Newcastle	NHMRC grant (2012-2015).	<a href="http://www.newcastle.edu.au/profile/billie-bonevski#profile-grants-funding">http://www.newcastle.edu.au/profile/billie-bonevski#profile-grants-funding</a>
<b>Reconnecting urban planning with health: the development and validation of national liveability indicators associated with chronic disease risk factors and health outcomes</b>	Billie Giles-Corti, University of Melbourne	An Australian Prevention Partnership Centre project. Aims to explore and examine liveability, sustainability and social determinants of health; identify and evaluate indicators used internationally to measure liveability; and to contribute to the development of a comprehensive, validated and policy-relevant liveability index.	<a href="http://www.preventioncentre.org.au/our-work/research-projects/research-project-page/">www.preventioncentre.org.au/our-work/research-projects/research-project-page/</a>
<b>SEARCH (the Study of Environment on Aboriginal Resilience and Child Health)</b>	Sax Institute	Australia's largest long-term study of the health and wellbeing of urban Aboriginal Children. Includes work around overweight and obesity and their relationship to green space in this population group.	<a href="https://www.saxinstitute.org.au/our-work/search/">https://www.saxinstitute.org.au/our-work/search/</a>
<b>Shrinking the food-print by creating consumer demand for sustainable and healthy eating</b>	Sharon Friel, Australian National University	Australian Research Council Discovery Project Grant (2013-2015). Identifies the changes needed in consumer behaviour to improve the environmental sustainability of diets and describe ways in which these changes could be achieved.	<a href="http://nceph.anu.edu.au/research/projects/shrinking-food-print-creating-consumer-demand-sustainable-and-healthy-eating">http://nceph.anu.edu.au/research/projects/shrinking-food-print-creating-consumer-demand-sustainable-and-healthy-eating</a>
<b>Smoking cessation in Aboriginal communities – Evaluation of ACT</b>	Raglan Maddox, University of	PhD project. Supervised by Rachel Davey (Professor, University of Canberra)	

<b>strategy using network analysis</b>	Canberra		
<b>The 45 and Up study</b>	The Sax Institute	Largest ongoing study of healthy ageing in the Southern Hemisphere. Launched in 2006, involves more than 250,000 men and women aged 45 years or older. Includes information around physical activity, sitting time and diet.	<a href="https://www.saxinstitute.org.au/our-work/45-up-study/">https://www.saxinstitute.org.au/our-work/45-up-study/</a>
<b>The natural history of unassisted smoking cessation in Australia</b>	Sally Dunlop, Simon Chapman, Stacy Carter and Becky Freeman, University of Sydney	NHMRC grant. Qualitative research on how people quit smoking unassisted. Interested in lessons that would be program and policy relevant.	
<b>The relationship between aspects of friendship networks and physical activity and sedentary behaviour among youth</b>	Keri Jo Lynne Sawka	PhD thesis on the influence of social networks on physical activity. One review complete, two papers to come.	<a href="http://www.biomedcentral.com/content/pdf/1479-5868-10-130.pdf">http://www.biomedcentral.com/content/pdf/1479-5868-10-130.pdf</a>
<b>Trade policy: maximising benefits for nutrition, food security, human health, and the economy</b>	Sharon Friel, Australian National University	Australian Research Council Discovery Project Grant (2013-2015). Taking a systems science approach to understanding how trade policy, health policy and nutrition policy interact and what that means in achieving health, nutrition and economic goals.	<a href="http://nceph.anu.edu.au/research/projects/trade-policy-maximising-benefits-nutrition-food-security-human-health-and-economy">http://nceph.anu.edu.au/research/projects/trade-policy-maximising-benefits-nutrition-food-security-human-health-and-economy</a>

**Important reviews that have been conducted or are being conducted (e.g. evidence syntheses, research/program activity censuses, economic reviews) related to healthy diet, physical activity, tobacco control or harmful alcohol use, which may not be available on review databases.**

Title	Authors/ Institutions	Brief description	Other comments
<b>A proposed framework for evaluating the socioeconomic health impact of obesity prevention strategies</b>	Kathryn Backholer, Alison Beauchamp, Kylie Ball, Gavin Turrell, Jane Martin, Julie Woods and Anna Peeters.	Developed a theoretical framework to organise universal obesity prevention interventions into their likely impact on the socioeconomic gradient of weight. Published in <i>the American Journal of Public Health</i> (24 April 2014).	<a href="http://www.obesityresearchclinicalpractice.com/article/S1871-403X(14)00455-4/abstract">http://www.obesityresearchclinicalpractice.com/article/S1871-403X(14)00455-4/abstract</a>
<b>A review of the evidence to address targeted questions to inform the revision of the Australian Dietary Guidelines</b>	National Health and Medical Research Council	Large review underpinning the development of Australian Dietary guidelines. Addressed hundreds of questions, including questions about the assumptions underlying obesity prevention.	<a href="https://www.nhmrc.gov.au/files_nhmrc/file/publications/n55d_australian_dietary_guidelines_evidence_report.pdf">https://www.nhmrc.gov.au/files_nhmrc/file/publications/n55d_australian_dietary_guidelines_evidence_report.pdf</a>
<b>Census of published economic evaluations of primary prevention strategies and interventions</b>	Alan Shiell, The Centre of Excellence in Intervention and Prevention Science	An Australian Prevention Partnership Centre project that is gathering and assessing the extent of available evidence on the economic efficiency of population health interventions and the value of investing in population health.	<a href="http://www.preventioncentre.org.au/our-work/research-projects/taking-stock-of-the-economics-of-prevention">www.preventioncentre.org.au/our-work/research-projects/taking-stock-of-the-economics-of-prevention</a>
<b>Evidence Check Library</b>	The Sax Institute	Houses a selection of Evidence Check Reviews (a concise summary of evidence that answers specific policy questions presented in a policy-friendly format) conducted for policy agencies over the past two years.	<a href="https://www.saxinstitute.org.au/category/publications/evidence-check-library/">https://www.saxinstitute.org.au/category/publications/evidence-check-library/</a>
<b>Exploring the public interest case for a minimum (floor) price for alcohol: final report (May 2013)</b>	The former Australian National Preventive Health Agency	Provides the final advice on the public interest case for a minimum price for alcohol, as requested by the Commonwealth Government.	<a href="http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/70D0F7EAE5F2A6FFCA257CCA000FFF69/\$File/Exploring%20the%20public%20interest%20case%20for%20a%20minimum%20floor">http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/70D0F7EAE5F2A6FFCA257CCA000FFF69/\$File/Exploring%20the%20public%20interest%20case%20for%20a%20minimum%20floor</a>



			<a href="#">%20price%20for%20alcohol.%20Final%20Report.%20May%202013.pdf</a>
<b>Fair Foundations (health equity programs)</b>	VicHealth Promotion Foundation	Reviews of healthy eating, physical activity, alcohol misuse, planning health environments.	<a href="http://www.vichealth.vic.gov.au/Publications.aspx">http://www.vichealth.vic.gov.au/Publications.aspx</a>
<b>Food, nutrition and physical activity: a global perspective</b>	World Cancer Research Fund, American Institute for Cancer Research	Policy action for cancer prevention. Published 2009.	<a href="http://www.dietandcancerreport.org/cancer_resource_center/downloads/Second_Expert_Report_full.pdf">http://www.dietandcancerreport.org/cancer_resource_center/downloads/Second_Expert_Report_full.pdf</a>
<b>Healthy Food Environments project – use of evidence and working with stakeholders to identify food and nutrition options to create healthy food environments</b>	Megan Cobcroft, Jo Mitchell, Amanda Lee and Debra Hector, NSW Ministry of Health	Assessing policy options to identify which are likely to work. Using systems to classify effectiveness of process and outcome and colour coding evidence according to whether work has been done, not done or in progress to identify gaps in the evidence.	In progress.
<b>NOURISHING Framework – global scan of policy actions in a range of food policy domains to do with healthy eating</b>	Corinna Hawkes, World Cancer Research Fund International	Developed to establish a comprehensive package of policies to promote healthier eating and prevent obesity and NCDs that is applicable globally; establish a framework of reporting, categorising and monitoring policy actions around the world; and through which the policy evidence can be systematically categorised, updated, interpreted and then communicated.	<a href="http://www.wcrf.org/nourishing">http://www.wcrf.org/nourishing</a>
<b>Preventing obesity... what works? A review of systematic reviews</b>	The Centre of Excellence in Intervention and Prevention Science (CEIPS)	CEIPS worked with colleagues at Deakin University to conduct a review of systematic reviews of interventions targeting obesity and related behaviours, within 10 key settings recognised as relevant for action.	<a href="http://ceips.org.au/2013/09/16/preventing-obesity-what-works-a-review-of-research-evidence/">http://ceips.org.au/2013/09/16/preventing-obesity-what-works-a-review-of-research-evidence/</a>
<b>Priority-driven research agenda for tobacco control in Australia: final report (June 2013)</b>	The former Australian National Preventive Health Agency	Identifies an updated priority-driven research agenda for tobacco control in Australia for the coming decade – to inform future tobacco control policies and programs. Developed through consultation with Australian and international researchers and tobacco control experts.	<a href="http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/A27B1B3A44327688CA257B96000165E9/\$File/Web%20resolution_a%20priority%20research%20agency%20tobacco%20control.pdf">http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/A27B1B3A44327688CA257B96000165E9/\$File/Web%20resolution_a%20priority%20research%20agency%20tobacco%20control.pdf</a>

<b>Review of the Royal Australian College of General Practitioners SNAP guide</b>	Mark Harris (editor)	Review of the guidelines about the management of smoking, nutrition, alcohol and physical activity.	Due for release in October. <a href="http://www.racgp.org.au/your-practice/guidelines/snap/">http://www.racgp.org.au/your-practice/guidelines/snap/</a>
<b>Scoping study to inform the development of the National Nutrition Policy in Australia</b>	Amanda Lee	Includes activity audit and review of effective nutrition policy actions in the Organisation for Economic Co-operation and Developing (OECD) countries.	
<b>Status of Australian National Preventive Health Agency (NPAPH) programs</b>	Emily Morrice, The Australian Prevention Partnership Centre	Review of the status of the NPAPH programs and initiatives affected by the 2014 Federal budget.	
<b>Systematic review of food and diet intake (and nutrition interventions) in Aboriginal communities in Australia</b>	Josephine Gwynn, Kerin O’Dea, Julie Brimblecombe and Amanda Lee	Funded by the Charles Perkins Centre.	
<b>Systematic review of travel planning to improve health</b>	PhD student of Chris Rissel		
<b>Tobacco in Australia: a comprehensive online resource</b>	Cancer Council Victoria	A comprehensive online review of smoking and health in Australia.	<a href="http://www.tobaccoinaustralia.org.au/">http://www.tobaccoinaustralia.org.au/</a>

**Current or planned major policy or program initiatives in Australia relating to healthy diet, physical activity, tobacco control or harmful alcohol use, including initiatives in health or non-health sectors.**

Program / policy	Lead stakeholders	Brief description	Links
<b>8700</b>	NSW Ministry of Health	Consumer education campaign to support laws for nutrition labelling of foods and drinks from larger fast food, snack food and supermarket chains and franchises.	<a href="http://www.8700.com.au/">http://www.8700.com.au/</a>
<b>ACT Health Promotion Grants Program</b>	ACT Health	Program was reviewed and re-focused to primarily address population level outcomes for overweight and obesity including improving children's health. There are now two funding opportunities supporting these priorities. Healthy Canberra Grants provides funding for large scale, multi-year programs. The Health Promotion Innovation Fund offers smaller grants several times a year.	<a href="http://health.act.gov.au/c/health?a=sp&amp;did=10028428">http://health.act.gov.au/c/health?a=sp&amp;did=10028428</a>
<b>ACT Healthy Communities Initiative</b>	ACT Health	Aimed to reduce the prevalence of overweight and obesity among adults not in paid employment.	<a href="http://health.act.gov.au/health-services/population-health/health-improvement/health-promotion/healthy-communities/">http://health.act.gov.au/health-services/population-health/health-improvement/health-promotion/healthy-communities/</a>
<b>ACT Healthy Workers</b>	ACT Health	Programs to promote and support healthy lifestyles in and through ACT workplaces.	<a href="http://www.healthierwork.act.gov.au/">http://www.healthierwork.act.gov.au/</a>
<b>AustCycle</b>	Cycling Australia, Amy Gillett Foundation	Aims to reduce the prevalence of obesity in Australia by maximising the number of at-risk individuals engaged in healthy lifestyle programs.	<a href="http://www.austcycle.com.au/Home">http://www.austcycle.com.au/Home</a>
<b>BEAT IT</b>	Diabetes Australia	A 10-12 week nationwide physical activity and education program including healthy eating and lifestyle advice. Aimed at increasing physical activity levels and improving healthy lifestyle behaviours to prevent or manage diabetes and other chronic conditions in a safe and supportive environment.	<a href="http://www.australiandiabetescouncil.com/what-s-on/beat-it">http://www.australiandiabetescouncil.com/what-s-on/beat-it</a>
<b>Beyond Today</b>	ACT Health	Aboriginal and Torres Strait Islander social marketing campaign developed in ACT.	<a href="http://health.act.gov.au/health-services/aboriginal-torres-strait-islander/information/beyond-today/">http://health.act.gov.au/health-services/aboriginal-torres-strait-islander/information/beyond-today/</a>

<b>Connect Up for Kids program</b>	ACT Health, ACT Medicare Local	A three-year program which aims to develop better pathways for obesity prevention for children aged 3 to 7. Guiding families through health promotion advice, child health assessments, primary health care (PHC) services and community-based programs.	<a href="http://www.actml.com.au/for-consumers/new-program-to-tackle-childhood-obesity">http://www.actml.com.au/for-consumers/new-program-to-tackle-childhood-obesity</a>
<b>Crunch&amp;Sip</b>	State health departments	Childhood obesity prevention program, implemented through participating schools in WA, NSW (through the Healthy Kids Association) and SA (through the South Australian Dental Service).	<a href="http://www.crunchandsip.com.au/">http://www.crunchandsip.com.au/</a>
<b>FOODcents</b>	Department of Health, WA	An education program that aims to address nutrition issues in low-income groups and help families save money on their grocery shop.	<a href="http://www.foodcentsprogram.com.au/about-foodcents/">http://www.foodcentsprogram.com.au/about-foodcents/</a>
<b>Fresh Tastes: healthy food at school program</b>	ACT Health, ACT Education and Training Directorate and ACT Catholic Education Office	Aims to create a culture of healthy food and drink in ACT preschools, early childhood schools and primary schools. Part of the ACT Healthy Children's Initiative.	<a href="http://health.act.gov.au/c/health?a=sp&amp;did=11498090">http://health.act.gov.au/c/health?a=sp&amp;did=11498090</a>
<b>Future Directions in Tobacco Control</b>	ACT Health	Includes 12 initiatives for investigation in two key action areas – restricting access to tobacco and restricting places of tobacco use.	<a href="http://health.act.gov.au/health-services/population-health/health-protection-service/tobacco-and-smoke-free/">http://health.act.gov.au/health-services/population-health/health-protection-service/tobacco-and-smoke-free/</a>
<b>Good Habits for Life campaign</b>	ACT Health	Targeting families with children aged 8 and under, aims to increase awareness of the importance of parents role modelling healthy habits and activating healthy lifestyle changes.	Not launched yet.
<b>Healthy Built Environments Program (HBEP)</b>	University of New South Wales	Aims to revitalise the relationship between the built environment and health professions to create built environments that support people being healthy in their everyday lives.	For an overview of HBEP see: <a href="http://www.be.unsw.edu.au/sites/default/files/upload/pdf/cf/hbep/HBEP_LuminoCITY_Poster1_LowRes_HBEP_overview.pdf">http://www.be.unsw.edu.au/sites/default/files/upload/pdf/cf/hbep/HBEP_LuminoCITY_Poster1_LowRes_HBEP_overview.pdf</a>  For a more detailed description: <a href="http://www.be.unsw.edu.au/programmes/healthy-built-environments-program/about">http://www.be.unsw.edu.au/programmes/healthy-built-environments-program/about</a>
<b>Healthy Food @ Sport</b>	ACT Health	Aims to increase healthy food and drink choices available to children and young people through canteens run by sporting	<a href="http://health.act.gov.au/health-services/population-health/health-">http://health.act.gov.au/health-services/population-health/health-</a>

		clubs. Part of the ACT Healthy Children's Initiative.	<a href="http://www.health.gov.au/improvement/health-promotion/healthy-children-and-young-people/healthy-foodsport">improvement/health-promotion/healthy-children-and-young-people/healthy-foodsport</a>
<b>Healthy Junior Community Sports Program</b>	NSW Ministry of Health	Supporting clubs to become a healthier sporting environment by promoting water as the primary drink to quench thirst. Also, supporting sports canteens to provide healthier food and drink choices.	<a href="http://www.healthykids.nsw.gov.au/parents-carers/junior-sport.aspx">http://www.healthykids.nsw.gov.au/parents-carers/junior-sport.aspx</a>
<b>Healthy Together Achievement Program</b>	The Department of Health, Victoria	A Healthy Together Victoria initiative supporting the development of healthy environments for learning, working and living in schools and early childhood education and care services, workplaces and workforces, and local communities.	<a href="http://www.health.vic.gov.au/prevention/achievementprogram.htm">http://www.health.vic.gov.au/prevention/achievementprogram.htm</a>
<b>Healthy Weight for Life</b>	HCF, BUPA, Medibank, Teachers Health Fund	A structured 18-week, three phase weight loss action plan designed to help people lose weight and teach lifestyle skills to control their weight for life. Programs are targeted at members with type 2 diabetes, a cardiovascular condition, or osteoarthritis.	<a href="http://healthyweightforlife.com.au/">http://healthyweightforlife.com.au/</a>
<b>Heartmoves</b>	The Heart Foundation	A gentle physical activity program suitable for anyone who hasn't done exercise in a while or people with health conditions. Run by accredited exercise professionals.	<a href="http://www.heartmoves.org.au/program">http://www.heartmoves.org.au/program</a>
<b>Indigenous Tobacco Control Initiative</b>	The Australian Government	Aims to halve smoking rates among Indigenous communities in urban, regional and remote areas by 2018.	<a href="http://www.healthinfonet.ecu.edu.au/key-resources/programs-projects?pid=980">http://www.healthinfonet.ecu.edu.au/key-resources/programs-projects?pid=980</a>
<b>It's Your Move</b>	ACT Health, Deakin University	Three year obesity prevention research program that aims to understand and address the barriers and systems that support healthy environments and lifestyles in ACT high schools. Part of the ACT Healthy Children's Initiative.	<a href="http://health.act.gov.au/health-services/population-health/health-improvement/health-promotion/healthy-children-and-young-people/its-your-move">http://health.act.gov.au/health-services/population-health/health-improvement/health-promotion/healthy-children-and-young-people/its-your-move</a>
<b>Kids at Play Active Play</b>	ACT Health, Therapy ACT	Aims to build the capacity of Early Childhood Education and Care educators to promote active play and teach fundamental movement skills. Part of the ACT Healthy Children's Initiative.	<a href="http://health.act.gov.au/c/health?a=sp&amp;did=11068457">http://health.act.gov.au/c/health?a=sp&amp;did=11068457</a>
<b>Kitchen Garden Initiative</b>	The Botanic Gardens of South Australia and the Government of SA	Promotes the development of kitchen gardens in homes, schools and communities in Adelaide. Aims to develop a social, cultural and environmental understanding of where food comes from, with a horticultural, cultural and global perspective.	<a href="http://www.kitchengardenssa.com.au/">http://www.kitchengardenssa.com.au/</a>

<b>Leading Thinker Initiative</b>	VicHealth	Launched in September 2014. Aims to generate and provoke new thinking, inspire momentum, enable chance, support and deepen relationships across sectors and deliver results for all Victorians. Will connect international thought leaders with senior policymakers and key local experts.	<a href="http://www.vichealth.vic.gov.au/About-VicHealth/Leading-Thinkers-initiative.aspx#.VE3Cf_k0VcY">http://www.vichealth.vic.gov.au/About-VicHealth/Leading-Thinkers-initiative.aspx#.VE3Cf_k0VcY</a>
<b>Life!</b>	Diabetes Australia, VicHealth	A state-wide lifestyle intervention that aims to prevent diabetes in those most at risk. The program is delivered as a group course or a telephone coaching service.	<a href="http://www.lifeprogram.org.au/about-the-life-program">http://www.lifeprogram.org.au/about-the-life-program</a>
<b>Live Lighter campaign</b>	ACT Health, ACT Heart Foundation	Aims to increase awareness and understanding of the consequences of being overweight or obese and encouraging the adoption of simple changes leading towards a healthier lifestyle.	<a href="https://livelighter.com.au/">https://livelighter.com.au/</a>
<b>NSW Get Healthy Information and Coaching Service</b>	NSW Ministry of Health	Provides tailored health coaching for adults with healthy weight, nutrition and/or physical activity risk factors for chronic disease.	<a href="http://www.gethealthynsw.com.au/program">http://www.gethealthynsw.com.au/program</a>
<b>NSW Healthy Children Initiative</b>	NSW Health	Activities for children and young people with a focus on nutrition, physical activity and healthy weight. State wide funding until June 2015.	<a href="http://www.healthykids.nsw.gov.au/">http://www.healthykids.nsw.gov.au/</a>
<b>NSW Healthy Workers Initiative</b>	NSW Health	Aims to improve the health of working adults by targeting workers at risk of lifestyle-related chronic disease.	<a href="http://www.health.nsw.gov.au/healthyworkers/pages/default.aspx">http://www.health.nsw.gov.au/healthyworkers/pages/default.aspx</a>
<b>NSW Knockout Health Challenge</b>	NSW Agency for Clinical Innovation, NSW Ministry of Health, NSW Rugby League	Team-based weight loss challenge for Aboriginal people aged 18 years and older who live in NSW.	<a href="http://www.healthinonet.ecu.edu.au/key-resources/programs-projects?pid=1719">http://www.healthinonet.ecu.edu.au/key-resources/programs-projects?pid=1719</a>
<b>Obesity Prevention and Lifestyle (OPAL) initiative</b>	South Australian, federal and local governments	Largest childhood obesity prevention program conducted in South Australia. Operating in 20 local communities across the state and one community in the NT. Launched in 2009, with \$40 million of funding. Nine-year partnership between federal, state and local governments.	<a href="http://www.epode-international-network.com/programmes/opal">http://www.epode-international-network.com/programmes/opal</a>
<b>PEACH (Parenting, Eating and Activity for Child Health)</b>	Queensland Government	A parent-led healthy lifestyle program that supports parents and carers who are struggling to manage their child's weight. It offers families practical advice and information about healthy	<a href="http://www.peachqld.com.au/about-peach">http://www.peachqld.com.au/about-peach</a>

		eating options and ways to increase levels of physical activity. Free for families with a child aged 5-11 years who are overweight or obese.	
<b>Plan Melbourne</b>	Victorian Department of Planning, Transport and Infrastructure	Policy to create the '20-minute city' in Melbourne with a focus on walking and cycling. The implementation of design guidelines to create healthy communities, and a commitment to liveability indicators.	<a href="http://www.planmelbourne.vic.gov.au/Plan-Melbourne">http://www.planmelbourne.vic.gov.au/Plan-Melbourne</a>
<b>Ride or Walk to school program</b>	ACT Health, Physical Activity Foundation	Aims to increase walking, cycling and use of public transport among school students in the ACT. Part of the ACT Healthy Children's Initiative.	<a href="http://www.paf.org.au/site/rwts_program.php">http://www.paf.org.au/site/rwts_program.php</a>
<b>Stephanie Alexander Kitchen Garden National Program</b>	The Australian Government	Aims to teach primary school students how to grow, harvest, prepare and share fresh food to provide a better chance of positively influencing children's food choices.	<a href="http://www.healthyactive.gov.au/internet/healthyactive/publishing.nsf/Content/kitchen-garden">http://www.healthyactive.gov.au/internet/healthyactive/publishing.nsf/Content/kitchen-garden</a>
<b>Stepping On</b>	NSW Ministry of Health	Community-based falls prevention program implemented across NSW through local health districts. Designed for people living at home and who have fallen or are fearful of falling.	<a href="http://www.steppingon.com/">http://www.steppingon.com/</a>
<b>Tobacco excise increase</b>	The Australian Government Department of Health	On 6 November 2013, the Government announced that it would proceed with four 12.5% tobacco excise increases. Two of the four 12.5% increases have occurred and the remaining 12.5% increases will occur on 1 September 2015 and 1 September 2016.	<a href="http://www.health.gov.au/internet/main/publishing.nsf/Content/tobacco-tax">http://www.health.gov.au/internet/main/publishing.nsf/Content/tobacco-tax</a>
<b>Tobacco plain packaging in Australia</b>	The Australian Government Department of Health	Since 1 December 2012, all tobacco products sold, offered for sale, or otherwise supplied in Australia must be in plain packaging.	<a href="http://www.health.gov.au/internet/main/publishing.nsf/Content/tobacco-plain">http://www.health.gov.au/internet/main/publishing.nsf/Content/tobacco-plain</a>

**Unpublished examples (in Australia or Internationally) where systems-based approaches have been applied either in the health sector or more broadly, which offer potential lessons for chronic disease prevention in this country (e.g. relating to the building of a prevention system; cross-sectoral collaboration or whole of government approaches to tackling health problems; or the use of systems science methods such as group model building, systems dynamic modelling, network analysis, agent-based modelling or multi-scale dynamic modelling to tackle complex problems).**

<b>Title</b>	<b>Institutions, agencies or departments involved</b>	<b>Brief description</b>	<b>Comments</b>
<b>ACT cross-governmental action in prevention of obesity</b>	ACT Health	Whole-of-community and government approach to tackling overweight and obesity. Involves health and education professionals, governments, food industry, transport industry and communities.	
<b>CRC for Water Sensitive Cities</b>	Research hubs at University of Queensland, Monash University, University of Western Australia and National University of Singapore.	Aims to address the complex inter-dependencies of the many socio-technical factors that influence water management in cities of the future. Brings together inter-disciplinary research expertise and thought leadership to undertake research that will revolutionise water management in Australia and overseas.	<a href="http://watersensitivecities.org.au/about-the-crc/">http://watersensitivecities.org.au/about-the-crc/</a>
<b>First global conference on research integration and implementation</b>	Australian National University (Leading investigator – Gabrielle Bammer)	Interested in methodologies for addressing complex, real world problems. Brought together a range of groups that deal with all or part of research integration and implementation. Conference was about linking these groups which largely work independently.	<a href="http://www.i2sconference.org/">http://www.i2sconference.org/</a>
<b>Healthy Together Victoria</b>	VicHealth, Australian Government	Takes a systems approach to prevention through a coordinated effort involving three levels of government, peak organisations, schools, workplaces and communities.	<a href="http://www.healthytogether.vic.gov.au/">http://www.healthytogether.vic.gov.au/</a>
<b>INFORMAS project</b>	Boyd Swinburn, Amanda Lee (leading investigators)	International collaboration (linked to the World Health Organisation indicator project). Takes a high level systems perspective on nutrition and its relationship to obesity in particular.	
<b>Input-Output modelling</b>	University of Sydney (Professor	A quantitative technique that shows how the parts of a	<a href="http://sydney.edu.au/science/pe">http://sydney.edu.au/science/pe</a>



	Manfred Lenzen)	system are affected by change in one part of that system. Interesting work being done in the School of Physics at the University of Sydney.	<a href="http://www.uts.edu.au/research-and-teaching/our-research/institute-sustainable-futures">http://www.uts.edu.au/research-and-teaching/our-research/institute-sustainable-futures</a>
<b>Institute for Sustainable Futures</b>	University of Technology, Sydney	Research spans 10 broad areas. Draws on a range of methods and tools from different disciplines, creating practical solutions to complex, real world problems.	<a href="http://www.uts.edu.au/research-and-teaching/our-research/institute-sustainable-futures">http://www.uts.edu.au/research-and-teaching/our-research/institute-sustainable-futures</a>
<b>Systems science approach to understanding how trade policy, health policy and nutrition policy interact</b>	Australian National University, La Trobe University, University of Sydney, Deakin University (Fiji office), University of Ottawa (Canada), Department of Sociology at Oxford University	Australian Research Council Discovery Grant (trade policy: maximising benefits for nutrition, food security, human health, and the economy). Examines what these interactions mean in achieving health, nutrition and economic goals.	
<b>Towards a Communicable Disease Control Framework for Australia</b>	Communicable Disease Network Australia	A discussion paper providing information on key issues impacting of communicable disease control in Australia. Defines the essential elements underpinning the Australian system as core functions, special national functions and enablers. The paper proposes seven priority areas to strengthen Australia's future communicable disease control system.	<a href="http://www.theasm.org.au/assets/ASM-Society/News/Discussion-Paper-Towards-a-Framework-for-Communicable-Disease-Control.pdf">http://www.theasm.org.au/assets/ASM-Society/News/Discussion-Paper-Towards-a-Framework-for-Communicable-Disease-Control.pdf</a>
<b>World Health Organisation (WHO) Framework Convention on Tobacco Control (FCTC)</b>	WHO	First international treaty negotiated under the auspices of WHO. Consists of various articles that take a comprehensive and holistic approach to tobacco control – addresses tobacco control measures including taxation, packaging, advertising and promotion, regulation, sale to and by minors and illicit trade.	<a href="http://www.who.int/fctc/text_download/en/">http://www.who.int/fctc/text_download/en/</a>